



Recipe of the Month - April 2015



Irish Boxy

Submitted to allrecipes.com by Brooke Elizabeth

"Boxty is a traditional Irish dish made of potatoes. An old Irish rhyme goes: Boxy on the griddle, boxty in the pan. If you can't make boxty, you'll never get your man."

1 1/2 cup grated raw potatoes	1 tbsp skim milk
1 cup all-purpose flour	salt and pepper to taste
1 cup leftover mashed potatoes	1/4 cup olive oil
1 egg	

Toss the grated potatoes with flour in a large bowl. Stir in mashed potatoes until combined. In a separate bowl, whisk together the egg and skim milk; mix in the potatoes. Season to taste with salt and pepper.

Heat the olive oil in a large skillet over medium-high heat. Drop in the potato mixture, forming patties 2 inches in diameter. Fry on both sides until golden brown, 3 to 4 minutes per side.

Drain on a paper towel-lined plate. Serve warm. Makes 6 servings